Learning Agility
Duration 37 min. 8 sec.
Are you on track with your learning goals, staying sharp and getting ahead? This course explains how to develop and follow a learning plan that is customized to how you learn and your learning goals.

Developing a Learning Mindset
Duration 31 min. 25 sec.
This course shows you how to develop a learning mindset so that learning becomes a habit, not a chore. Find your motivation to learn, explore how the brain acquires and retains information, and more!

The Neuroscience of Learning
Duration 1 hr. 4 min.
Tap into your hidden potential! Understand the three—phase model of learning and the secrets to developing neural pathways so that learning sticks. This is a fun and enlightening journal through the learning process.

Creating a Culture of Learning
Duration 1 hr. 13 min.
Discover the roles that everyone in the organization should play in creating a culture of learning. This video explores some obstacles organizations can face in the process and provides strategies and guidelines that help improve the learning culture.

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